

# Netball



agility!

In partnership with East Midlands Netball our franchise team Loughborough Lightning run a range of Netball Fun Days. Our days are coached by Lightning players and coaches, including England Internationals Olivia Murphy, Jo Harten and Welsh International Becky James. All of our coaches will have the necessary coaching qualifications, attended child protection, first aid workshops and hold a current CRB disclosure as well as extensive experience coaching players from beginners to National and International level.

## Who's it for:

8-16 year olds

## What to bring?

Suitable footwear, warm clothing, food and drink, medication if required

## 2010 Prices/Dates/Times

### Loughborough Lightning Training Day:

25th, 26th, 27th August

10am - 4pm, £30 per day

Wild Card Discount: £25



pass and move!

fitness!



Coaching can also be arranged specifically for your Netball Club/School, with the Lightning players coming to you to deliver coaching sessions and specific clinics within your venue. See website for further information.

[www.loughboroughlightning.com](http://www.loughboroughlightning.com)